



Final Announcement

bite UP

Bekasi Internal Medicine Update **3rd**

"Improving Health & QoL Through Update Paradigm of Internal Medicine"

**Symposium
Workshop
Scientific Poster**

Hybrid (Offline and Online)



SKP KEMENKES



16th May 2025
Primaya Bekasi Barat, Bekasi



17-18th May 2025
Harris Hotel Summarecon, Bekasi



REGISTRATION: bit.ly/BITEuP2025

KATA PENGANTAR



Kemajuan zaman serta perubahan pola hidup masyarakat saat ini membawa berbagai macam masalah kesehatan, terutama penyakit degeneratif. tentunya hal ini akan membuat kualitas hidup yang menurun dan angka mortalitas yang tinggi. Hal ini merupakan beban yang perlu di atasi bersama-sama baik oleh seluruh stake holder di bidangnya. Indonesia berpotensi menjadi negara maju yang kemungkinan akan memperoleh bonus demografi dan bidang kesehatan merupakan salah satu sektor penting yang perlu penguatan.

Ilmu penyakit dalam merupakan disiplin ilmu yang tidak terpisahkan dari kehidupan manusia. Internis merupakan dokter spesialis yang terlatih memahami dan menangani berbagai gangguan organ tubuh manusia. Pemuktahiran keilmuan dan kemampuan klinis merupakan aspek penting yang harus dimiliki oleh setiap ahli penyakit dalam. Oleh karena itu, PAPDI cabang Bekasi dengan bangga untuk ketiga kalinya mengadakan pertemuan ilmiah tahunan "*Bekasi Internal Medicine Update*" 2025 dengan tema "*Improving health and quality of life through update paradigm of internal medicine*".

Acara tersebut akan terdiri dari simposium dengan tema termutakhir dan workshop terkait kondisi kritis dan gawat darurat yang akan menghadirkan pembicara nasional dan regional yang kompeten dibidangnya. Kami sangat mengharapkan partisipasi dokter-dokter semuanya dalam rangkaian acara tersebut.

Salam hormat,

dr. Kurniyanto, Sp.PD
Ketua Panitia BiteUp 2025

SUSUNAN PANITIA

Penasihat	: dr. Johana Prihatini, Sp.PD, FINASIM dr. Herman Kusbiantoro, Sp.PD, FINASIM dr. Waluyo Dwi Cahyono, Sp.PD, K-E.M.D, FINASIM dr. Kartariadi Gandadinata, Sp.PD, FINASIM dr. Sofian Kurnia Marsa W, Sp.PD, FINASIM
Ketua	: dr. Kurniyanto, Sp.PD
Wakil Ketua	: dr. Nur Asicha, Sp.PD
Sekretariat	: dr. Liza Maulida Zahrotus Salamah, Sp.PD dr. Evie Rosa Napitupulu, Sp.PD Hapsiah Wulandari, Amd.Kep
Bendahara	: dr. Elza Febria Sari, Sp.PD, FINASIM dr. Kathi Swaputri Kancana, Sp.PD, FINASIM
Dana	: dr. Santi Christiani Gultom, Sp.PD, K-H.Onk.M dr. Jerry Nasarudin, Sp.PD, FINASIM dr. Mohammad Irfan, Sp.PD, FINASIM dr. David Indra Widjayadi, Sp.PD, FINASIM
Acara dan Ilmiah	: Simposium dr. Patriotika Ismail, Sp.PD dr. Baringin De Samakto S, Sp.PD dr. Oky Nur Setyani, Sp.PD Workshop dr. Irmawati Hasan, Sp.PD dr. Putri Zulmiyusrini, Sp.PD dr. Swastika Widhiastuti, Sp.PD Poster dr. Randhy Fazralimanda, Sp.PD
Humas & Dokumentasi	: dr. Reinaldo Alexander, Sp.PD dr. Lucrezia Renata, Sp.PD
Perizinan dan tempat	: dr. Neni, Sp.PD dr. Andika Indrerespati, Sp.PD dr. Steffie Simpino Solin, M.Ked (PD), Sp.PD
Perlengkapan	: dr. Harapan Michael Platini T, Sp.PD dr. Richard Suwandi, Sp.PD dr. Teuku Irfan, Sp.PD dr. Ari Sudibrata, M.Ked (PD), Sp.PD, FINASIM
Konsumsi	: dr. Retta Riama Dumasari Siburian, Sp.PD dr. Indah Fitriani, Sp.PD
Fun Sport & Makrab	: dr. Adrian Ramdhany, Sp.PD dr. Muhammad Haris Yulius, Sp.PD dr. Handoko Prayitno, Sp.PD

PEMBICARA

Prof. Dr. dr. Dadang Makmun, Sp.PD, K-GEH, FINASIM, FACG
Prof. Dr. dr. Erni Juwita Nelwan, Ph.D, Sp.PD, K-PTI, FINASIM, FACP
Dr. dr. Sally A Nasution, Sp.PD, K-Kv, FINASIM, FACP
Dr. dr. Nanny N.M Soetedjo, Sp.PD, K-EMD, M.Kes, DCN, FINASIM
Dr. dr. Kuntjoro Harimurti, Sp.PD, K-Ger, M.Sc
Dr. dr. Ginova Nainggolan, Sp.PD, K-GH
Dr. dr. Pringgodigdo Nugroho, Sp.PD, K-GH
Dr. dr. Arief Nurudhin, Sp.PD, K-R, FINASIM
Dr. dr. Hasan Maulahela, Sp.PD, K-GEH
Dr. dr. Kemal Fariz Kalista, Sp.PD
Dr. dr. Laurentius Aswin Pramono, M.Epid, Sp.PD, K-EMD
dr. Waluyo Dwi Cahyono, Sp.PD, K-EMD, FINASIM
dr. Linda Armelia, Sp.PD, K-GH, FINASIM
dr. Arief Mansjoer, Sp.PD, K-Kv, KIC, M.Epid
dr. Santi C Gultom, Sp.PD, K-H.Onk.M
dr. Saskia Aziza Nursyirwan, Sp.PD, K-GEH
dr. I Putu Arsana, Sp.PD, K-GH
dr. Khomimah, SP.PD, K-EMD, FINASIM
dr. Suwito Indra, Sp.PD, K-GEH, FINASIM
dr. Heri Kurniawan, Sp.PD, K-PMK
dr. Robert Sinto, Sp.PD, K-PTI
dr. Rinaldi Batubara, Sp.PD, K-Kv
dr. Yosephine Yossy, Sp.PD, K-EMD
dr. Anshari S Hasibuan, Sp.PD, K-AI
dr. Sugiyono Somoastro, Sp.PD, K-H.Onk.M
dr. Jerry Nasarudin, Sp.PD, FINASIM

FULL DAY WORKSHOP

Waktu : Jumat, 16 Mei 2025
 Venue : RS Primaya Bekasi Barat

Waktu	Acara
08.00-08.20	Pembukaan
08.20-11.00	Nutrisi dan cairan pada penyakit kritis dr. Arief Mansjoer, Sp.PD, K-Kv, KIC, M.Epid Tatalaksana krisis hiperglikemia dr. Waluyo Dwi Cahyono, Sp.PD, K-EMD, FINASIM Gangguan elektrolit dan penanganannya Dr. dr. Ginova Nainggolan, Sp.PD, K-GH, FINASIM
11.00-13.30	ISHOMA
13.30-16.00	Update vaksinasi satgas imunisasi PAPDI dr. Anshari S Hasibuan, Sp.PD, K-AI Pengelolaan sepsis di unit intensif dan gawat darurat dr. Robert Sinto, Sp.PD, K-PTI
16.00-16.20	Penutupan

WORKSHOP USG THORAKS DAN ABDOMEN

Waktu : Jumat, 16 Mei 2025
 Venue : RS Primaya Bekasi Barat

Waktu	Acara
08.00-08.15	Pembukaan
08.15-11.00	USG abdomen pada praktek klinis sehari-hari Dr. dr. Kemal Fariz Kalista, Sp.PD USG Thoraks pada kelainan paru dr. Heri Kurniawan, Sp.PD, K-PMK
11.00-13.30	ISHOMA
13.30-16.00	Praktek
16.00-16.20	Penutupan

SIMPOSIUM HARI PERTAMA

Waktu : Sabtu, 17 Mei 2025
 Venue : Harris Hotel Summarecon Bekasi

Waktu	Acara
07.00-07.30	Registrasi
07.30-08.00	Pembukaan dan kata sambutan
08.00-09.00	Simposium 1 Managing cardio-renal-metabolic syndrome Moderator dr. Reinaldo Alexander, Sp.PD
08.00-08.20	1. Synergistic dual fix dose combination for cardiovascular protection Dr. dr. Sally A Nasution, Sp.PD, K-KV, FINASIM, FACP
08.20-08.40	2. The maestro in managing CKD in broader population : role of empaglifozin dr. I Putu Arsana, Sp.PD, K-GH
08.40-09.00	Diskusi
09.00-10.00	Simposium 2 Holistic approach to identifying treatment paths for Myelofibrosis and Polycythemia vera Moderator : dr. Femiko M.N Sitohang, Sp.PD, K-H.Onk.M
09.00-09.20	1. Case sharing : Advanced management strategies for symptomatic splenomegaly in myelofibrosis with Ruxolitinib dr. Sugiyono Somoastro, Sp.PD, K-H.Onk.M
09.20-09.40	2. Case sharing : Current management and clinical experience in high risk polycythemia vera patient with ruxolitinib dr. Santi C Gultom, Sp.PD, K-H.Onk.M
09.40-10.00	Diskusi
10.00-11.00	Simposium 3 Promising outcome in regenerative medicine and immune protection Moderator dr. Baringin De Samakto S, Sp.PD
10.00-10.20	1. Stem cell and secretome as regenerative medicine : new frontiers in autoimmune treatment Dr. dr. Arief Nurudhin, Sp.PD, K-R, FINASIM
10.20-10.40	2. Urgency of Herpes-Zoster vaccination in co-morbid patients dr. Anshari S Hasibuan, Sp.PD, K-AI
10.40-11.00	

	Diskusi
11.00-12.00	Simposium 4 Reducing renal complication Moderator dr. Elza Febria Sari, Sp.PD
11.00-11.20	1. New generation EPO long acting from Indonesia dr. Linda Armelia, Sp.PD, K-GH, FINASIM
11.20-11.40	2. Advancements in Hyperkalemia management for cardiorenal syndrome : New therapeutic strategies Dr. dr. Ginova Nainggolan, Sp.PD, K-GH
11.40-12.00	Diskusi
12.00-13.00	ISHOMA
13.00-14.20	Simposium 5 Establishing correct management of lipid disorder and hyperglycemia in wide range of ASCVD Moderator dr. Mohammad Irfan, Sp.PD
13.00-13.20	1. Biosimilar Insulin Glargine : what does the evidence show dr. Waluyo Dwi Cahyono, Sp.PD, K-EMD, FINASIM
13.20-13.40	2. Critical management of dyslipidemia for diabetic and high risk patients dr. Khomimah, Sp.PD, K-EMD, FINASIM
13.40-14.00	3. Optimizing rosuvastatin as primary prevention : the earlier the better dr. Jerry Nasarudin, Sp.PD, FINASIM
14.00-14.20	Diskusi
14.20-15.20	Simposium 6 Art of management acid related disease and chronic constipation Moderator dr. Johana Prihatini, Sp.PD, FINASIM
14.20-14.40	1. An advance in the management of acid-related disease : from PPI to P-CAB Dr. dr. Hasan Maulahela, Sp.PD, K-GEH
14.40-15.00	2. Elobixibat : Advancing chronic constipation treatment- beyond the basic dr. Suwito Indra, Sp.PD, K-GEH, FINASIM
15.00-15.20	Diskusi
15.20-16.20	Simposium 7 Optimizing management chronic respiratory disease and infections Moderator dr. Sofian Kurnia Marsa Widjaja, Sp.PD
15.20-15.40	1. Effectiveness of Bud+Gly+Form as better COPD

15.40-16.00	management by reducing exacerbation and cardiopulmonary risk dr. Heri Kurniawan, Sp.PD, K-PMK
16.00-16.20	2. MDR infections, how to manage : role of imipenem cilastatin in combating MDR infections Prof. Dr. dr. Erni Juwita Nelwan, Ph.D, Sp.PD, K-PTI, FACP, FINASIM
16.20	Diskusi
16.20	Penutupan hari pertama

SIMPOSIUM HARI KEDUA

Waktu : Minggu, 18 Mei 2025
Venue : Harris Hotel Summarecon Bekasi

Waktu	Acara
08.00-09.00	Simposium 8 Renal protection strategy Moderator dr. Evie Rosa Napitupulu, Sp.PD
08.00-08.20	1. The Importance of early intervention in CKD : finerenone' s role in Type 2 Diabetes management Dr. dr. Pringgodigdo Nugroho, Sp.PD, K-GH, FINASIM
08.20-08.40	2. From metabolic to renal protection : the expanding role of SGLT2 inhibitors dr. Khomimah, Sp.PD, K-EMD, FINASIM
08.40-09.00	Diskusi
09.00-10.00	Simposium 9 Challenge in glucose management with good efficacy of cardio-renal-metabolic protection Moderator dr. Yosephine Yossy, Sp.PD, K-EMD
09.00-09.20	1. Advancing treatment strategies of T2D patients with GLP-1 RA for cardio-kidney-metabolic care Dr. dr. Laurentius Aswin Pramono, M.Epid, Sp.PD, K-EMD
09.20-09.40	2. Unique co-formulation insulin : how they provide better control of blood sugar Dr. dr. Nanny NM Soetedjo, Sp.PD, K-EMD, M.Kes, DCN, FINASIM
09.40-10.00	Diskusi

10.00-11.20	Simposium 10 Nutrition in spesial condition and Neutropenia Moderator dr. Irmawati, Sp.PD
10.00-10.20	1. Improving patient outcome through sarcopenia management :
10.20-10.40	clinical evidence of HMB & triple protein Dr. dr. Kuntjoro Harimurti, Sp.PD, K-Ger., M.Sc
10.40-11.00	2. Optimal inhospital nutrition : Role of L-Glutamine dr. Kurniyanto, Sp.PD
11.00-11.20	3. Therapeutic use of filgastrim for chemotherapy induced febrile neutropenia dr. Santi C Gultom, Sp.PD, K-H.Onk.Med Diskusi
11.20-12.00	Single topic symposium
11.20-11.40	Lantus XR : start with advanced basal insulin to achieve effective glycemic control dr. Waluyo Dwi Cahyono, Sp.PD, K-EMD, FINASIM
11.40-12.00	Diskusi
12.00-13.00	ISHOMA
13.00-14.20	Simposium 11 Update on GERD management Moderator dr. Kurniyanto, Sp.PD
13.00-13.20	1. An update of GERD guideline 2024 and benefits of Vonoprazan as the first line therapy for GERD patients Prof. Dr. dr. Dadang Makmun, Sp.PD, K-GEH
13.20-13.40	2. Chalange treatment of GERD patients with Nocturnal acid breakthrough, can we rely on PCAB as the preferred choice?
13.40-14.00	dr. Suwito Indra, Sp.PD, K-GEH, FINASIM
14.00-14.20	3. Case discussion : management of GERD dr. Saskia Aziza Nursyirwan, Sp.PD, K-GEH Diskusi
14.20-15.20	Simposium 12 Better care of Diabetes and it' s related comorbids
14.20-14.40	Moderator dr. Jerry Nasarudin, Sp.PD, FINASIM
14.40-15.00	1. Dapaglifozin : Oral hypoglycemic agent with strong evidence

15.00-15.20	dr. Yosephine Yossy, Sp.PD, K-EMD 2. Statin intervention to reduce CV event in Diabetic population dr. Rinaldi Batubara, Sp.PD, K-Kv Diskusi
15.20	Penutupan simposium dan pengumuman pemenang scientific poster serta doorprize

REGISTRASI

Registrasi dapat dilakukan melalui tautan bit.ly/BITEuP2025, dengan rincian sebagai berikut :

Pra event (sebelum tgl 16 Mei 2025)	
Workshop	Dokter umum Rp. 1.500.000,- Dokter spesialis Rp. 2.000.000,-
Simposium	Dokter umum Rp. 1.500.000,- Dokter spesialis Rp. 2.000.000,-
Workshop USG	Dokter spesialis Rp. 2.000.000,-
Bundling Simposium dan workshop full day	Dokter umum Rp. 2.750.000,- Dokter spesialis Rp. 3.750.000,-
Online Simposium	Dokter umum Rp. 500.000,- Dokter spesialis Rp. 750.000,-
Onsite	
Workshop	Dokter umum Rp. 1.700.000,- Dokter spesialis Rp. 2.300.000,-
Simposium	Dokter umum Rp. 1.700.000,- Dokter spesialis Rp. 2.300.000,-
Workshop USG	Dokter spesialis Rp. 2.500.000,-
Bundling Simposium dan workshop full day	Dokter umum Rp. 3.250.000,- Dokter spesialis Rp. 4.250.000,-

Rekening BSI a.n PAPDI Bekasi : 900000-6782

Bukti transfer dikirim ke e-mail papdi.bekasi@gmail.com

KESEKRETARIATAN

Informasi lebih lanjut, dapat menghubungi :

PAPDI cabang Bekasi

SMF Penyakit Dalam, RS Primaya Bekasi Barat

Jln. KH Noer Ali Kav 17-18, Kayuringin, Kalimalang, Bekasi Barat, Kota Bekasi

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Narahubung

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SPONSORSHIP

